



Week 6 Trip – Patterdale, Lake District

Welcome to the second trip of the year, we want this weekend to be as much fun as possible! There will be 8 walks each day with a **maximum of 7 people on each walk**, this is for safety reasons so that it is easy for the leader to keep track of the group. It has nothing to do with the fact we can't count above 7! You will have to sign up for the walk you want to do on Friday night when we arrive at the youth hostel.

On both Saturday and Sunday mornings we will be **leaving at 9am** from the hostel. So please make sure you have got up, packed and had breakfast by then.

Walks for Saturday

1. Adam & Gordon: **Blencathra via Sharp Edge**. This walk takes in a grade 1*** scramble up the appropriately named Sharp Edge, a head for heights and some scrambling experience are a definite must. (10½km, 800m, *Moderate length walk with a wicked scramble*)
2. Oli: **Fairfield and Seat Sandal**. An interesting route up Fairfield taking in a grade 1/2 scramble. A good walk for those who have tried some easy scrambling and feel up for a bit more of a challenge. (15km, 900m, *Relatively long walk, some scrambling experience is essential*)
3. Gwilym: **Helvellyn and Dollywaggon Pike via Swirral Edge**. A nice circuit taking in one of Lakeland's best known peaks, incorporating the possibility for a little bit of very easy scrambling on Swirral Edge. (15km, 1000m, *relatively long, and with little technical difficulty, except avoidable scramble steps*).
4. Colin: **Helvellyn via Striding Edge** continuing North along the ridge. A lovely long walk taking in the famous Striding Edge (a great introduction to scrambling, as there's a great big path just below the crest, and no real technical difficulty, just a big drop on one side) and then on up to Helvellyn before visiting lots of exciting tops to the North. (20km, 1000m, *Very long, but not too technically difficult as long as you have no issues with heights!*)
5. Alistair: **Hartsop Horseshoe**. A pleasant stroll taking in four tops, and the really cool summit cairn on Thornithwaite Crag. (10km, 800m, *Moderate difficulty, fairly easy ground all the way*)
6. Tim: **St Sunday Crag and Fairfield**. A moderate length walk taking in two impressive peaks, finishing in a cosy pub. (10km, 900m, *Moderate difficulty over with some reasonably steep ground, but there is a bloody great path!*)
7. Rich: **Scramble of DEATH**. Rich is mental and hardcore, so he's going to do a mental hardcore scramble somewhere (probably at least grade 2). You must be an experienced scrambler and be a bit mental and hardcore. (No one knows, No one knows, *Mental and hardcore*)

Walks for Sunday

1. **Place Fell**. A really short walk up an ickle mountain right next to the youth hostel, perfect for those feeling a little hungover, or for big fairies like Adam and Gordon. (6km, 500m, *Easy walk*)
2. **Clough Head** and then continuing South over the Northern Helvellyn range. A very long, but fairly gentle walk along a lovely wide ridge. (20km, 1000m, *Only difficulty is the length, no steep bits and hopefully no scree-type badness*)
3. **High Street and Ill Bell**. A long walk taking in the weird plateau top of High Street, where the Romans once built a road (crazy bastards!). (20km, 1000m, *No technical difficulty, just long*)
4. **St Sunday Crag and Fairfield**. A longer variant of walk 6 on Saturday, finishing in a different cosy pub on top of Kirkstone Pass. (15km, 1000m, *Reasonably long, with easy terrain except for the final 300m of descent, which are fairly steep*)
5. **High Street and Stony Cove Pike**. A slightly longer variant on the Hartsop Horseshoe, which gets as far as High Street (nice views of Yorkshire if there's no cloud about). (12km, 900m, *Moderate walk, no difficult terrain*)
6. **Hartsop Horseshoe**. See walk 5 on Saturday.
7. **Scramble of DOOM**. Rich again, enough said really.

All of these walks are subject to the weather conditions on the day and may be changed. Walk leaders may also swap around. After walks on Saturday you can either go to the pub early and have some food there, or cook something exciting and fun in the youth hostel. Then we'll meet up in the pub, however you can stay back in the hostel if you wish.

The BMC (British Mountaineering Council) recognises that climbing, hill walking and mountaineering are activities with a danger of personal injury or death. Participants in these activities should be aware of and accept these risks and be responsible for their own actions and involvement. All the walk leaders have received some form of training but are not necessarily formally qualified to lead walks. However the BMC does not require them to be.